



29 January 2019

Dear Parent/Carer

**Re: Year 8 – Health Reach Careers Session**

On Tuesday 5<sup>th</sup> February we are delighted that all Year 8 students will be participating in a one hour hands on work shop introducing them to the wide range of careers available in the Health Service.

The University of Reading and the NHS have come together to facilitate an interactive session that will bring these careers to life.

**Activities include:**

- ◆ Emergency Care Assistant/Paramedic – First Aid/CPR/Bandaging/Choke Vests.
- ◆ Triage Nurse – Blood Pressure/Oxygen Saturation/Heart and Lung noises.
- ◆ Occupational Therapist – Age Sim Suits/socks, purses and coins.
- ◆ Healthcare Science Practitioner – Peak Flow, Spirometry, Virtual T-Shirts

Students will have received a sticker stating which session they will be in and will attend one session during the day. I will be on hand to provide any additional support the students may require.

If you have any queries, please do not hesitate to contact me.

Yours sincerely

**Mrs S McKay  
Careers Officer**