



6 September 2018

Dear Parents/Carers

### The Duke of Edinburgh's Gold Award

I am pleased to inform you that we are offering The Duke of Edinburgh's Gold Award as an extra-curricular activity. The Award is a nationally recognised qualification for young people, designed to encourage them to develop independence, commitment, leadership and teamwork through involvement in a personalised programme of activities.

### The Five Parts to the Gold Award

The Award requires those taking part to complete five sections in the academic years of September 2018 – July 2020:

- **Skills:** developing a new skill or continuing to improve an existing skill
- **Physical:** participating in physical activity, including sport
- **Volunteering:** being involved in an activity that benefits others
- **Expedition:** completing a training and assessed four-day (plus an acclimatisation day) hike with overnight camping
- **Residential:** spend five days and four nights taking part in a shared activity, with people you've never met before. A link for more information about the residential can be found here: <https://www.dofe.org/doing-your-dofe/activities-sections/residential/residential-requirements/>

The Physical, Skills and Volunteering sections must be undertaken once a week, with the Volunteering section being completed over 12 months. For the Physical and Skills sections you must spend 12 months on one and six months on the other – you decide which way round you do it. If your child is going to do the Gold Award without having completed the Silver Award, they will need to do a further six months either Volunteering or one of your Physical or Skills sections you spend most time on. The Gold Award will last at least 18 months unless your child has completed the Silver Award, where it will last at least 12 months. Although students will be assisted in selecting appropriate activities and monitored throughout the delivery of the Award, completion of these sections will primarily be the responsibility of the students taking part. A suggested activities sheet is attached.

The Expedition section will be run by an approved DofE provider, and requires students to undertake a full day's training session as well as one practice and one assessed expedition – each of which is five days and four nights. The plan is to visit the Brecon Beacons for both the Expeditions, this will be confirmed nearer the time. Please see the dates below. Attendance on all dates is compulsory.

	<b>Year 12</b>
Training	Wednesday 13 <sup>th</sup> March 2019
Practice Expedition	Thursday 11 <sup>th</sup> – Monday 15 <sup>th</sup> April 2019*
Assessed Expedition	Monday 15 <sup>th</sup> – Friday 19 <sup>th</sup> July 2019*

\*Subject to numbers

**An information evening for parents and students will be held on Thursday 13<sup>th</sup> September at 7pm in the theatre.**

## Commitments and Costs

Students must commit to completing all five parts of the Award, with a view to completing by the end of Year 13 (Summer 2020). The students are responsible for arranging, and organising their own individual Residential part of the Award. Any costs incurred will be in addition of costs for registration and Expedition. Parents/carers must commit to support this.

The cost of registering for the Gold Award, for undertaking the Expedition and transport is **£485**. Tents and cooking equipment are provided. Students will require their own personal expedition equipment, for example waterproofs and a sleeping bag. A kit list will be provided nearer the time.

There are **18 places** available and if you would like your child to participate in this, we request a non-refundable deposit of **£85** to be paid using our on-line e-payment system, with your existing sQuid account, through the new sQuid portal (<https://portal.squidcard.com/>). You will be able to do this from **7pm on Sunday 16<sup>th</sup> September 2018** (closing date is 10pm on Thursday 20<sup>th</sup> September 2018).

Please return the attached permission slip to the Finance Office once payment is made. For your information, the remaining payment dates are listed below. Please note that all payments can be made at any time but each one **must** be paid by the date stated. Due to the nature of the Award, all monies once paid are non-refundable.

Payment Required	To be Paid By
£85 deposit	20 <sup>th</sup> September 2018
£80	28 <sup>th</sup> October 2018
£80	28 <sup>th</sup> November 2018
£80	28 <sup>th</sup> January 2019
£80	28 <sup>th</sup> February 2019
£80	28 <sup>th</sup> March 2019

If you are unsuccessful in obtaining a place for your child, and would like to be added to the reserve list, please email to [enquiries@coxgreen.com](mailto:enquiries@coxgreen.com), for the attention of the DofE Manager, requesting this.

If you have any queries please do not hesitate to contact the school office by email to [enquiries@coxgreen.com](mailto:enquiries@coxgreen.com).

Yours sincerely



Ms F Walsh  
Headteacher

### **Please note:**

- *Places are subject to the school Behaviour Policy. Any student who receives an internal or fixed term external exclusion will have their place withdrawn and no refund will be made unless the place can be re-sold. In addition, if the school assesses that the attendance on a trip is a Health and Safety risk to the student or to others, a place will not be allocated to that student or a place will be withdrawn and there will be no refund made.*
- *If your child is, or has ever been in receipt of free school meals, then you may be eligible for assistance with the cost, from the school's Pupil Premium funding. To make a request for assistance please contact the Finance Office via email: [finance@coxgreen.com](mailto:finance@coxgreen.com) or in writing to the school; including your child's name and form, stating that they are, or have been in receipt of free school meals. The Pupil Premium funding is to be used for educational purposes only.*
- *This expedition section of the Award is run via BXM Expeditions. To enable your child to attend the trip, we will be sharing your child's personal data with the travel company and any partners of the travel company that are required for the running of the contract (e.g. airlines, hotels, etc.).*
- *Payments are to be made by the dates specified. Late or non-payment may result in your child's place being withdrawn from the trip. If you choose to withdraw your child for reasons not stated above, any costs attributed to date, must still be made.*

**PERMISSION SLIP**

**The Duke of Edinburgh's Gold Award**

Student Name: \_\_\_\_\_  
*(please print)*

Form: \_\_\_\_\_

- I confirm I have paid the £85.00 (non-refundable) deposit via my child's sQuid account.
- I note due to the nature of the Award, all monies once paid are non-refundable.
- I confirm my child will attend the Training, Practice Expedition and Assessed Expedition dates as stated in the letter dated 5<sup>th</sup> September 2018.
- I confirm my child is committed to undertake and understands the five sections (Skills, Physical, Volunteering, Expedition and Residential) of The Duke of Edinburgh's Gold Award, which needs to be completed by the end of Year 13 (Summer 2020).
- I confirm that my child will independently organise the Residential part of the course, understanding the requirements set out by DofE, and any costs incurred will be in addition to the payments on sQuid.

**Please return your permission slip to the Finance Office by Thursday 20<sup>th</sup> September 2018.**

Signed (Parent/Carer): \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signed (Student): \_\_\_\_\_

Date: \_\_\_\_\_

**Application - to be returned to Mrs Warner, SAFE Office (by 20<sup>th</sup> September 2018)**

We anticipate that the Gold Award will be very popular. In the event that this Award is over-subscribed, we will look at the 'extra information' section on the application form, where students explain how they will benefit from this Award. Please fill this section in very carefully!

**Application to Participate in The Duke of Edinburgh's Gold Award**

**Section 1 – to be completed by the student**

Name: \_\_\_\_\_

Form: \_\_\_\_\_

What clubs/extra-curricular activities do you currently take part in within and outside of school?

What could you do for your Skills section (1 hour a week)?

6 months  12 months  18 months

What could you do for your Physical section (1 hour a week)?

6 months  12 months  18 months

What could you do for your Volunteering section (1 hour a week)?

6 months  12 months  18 months

Extra information. In this section, explain **why** you want to do The Duke of Edinburgh's Gold Award and **how you think you will benefit from it**. Complete this section carefully and in detail.

Student Name (please print): \_\_\_\_\_

Form: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Section 2 – to be completed by the parent/carer**

Name of parent/carer \_\_\_\_\_

Tel No: \_\_\_\_\_

Email address: \_\_\_\_\_

Your child's personal details: First name:		Surname:
Gender: Male <input type="checkbox"/> Female: <input type="checkbox"/>		Date of Birth:
Your child's school email address:		
If your child has registered for the DofE previously, please record the name of the Centre and their eDofE ID number below:  Centre: _____ ID number: .....		

Please indicate if your child has any of the conditions below, and provide further information.

<input type="checkbox"/>	Problems with sight or hearing	<input type="checkbox"/>	Mental health conditions
<input type="checkbox"/>	Osteoarthritis, rheumatoid arthritis, fibromyalgia or ME	<input type="checkbox"/>	Impairments due to injury to the body or brain
<input type="checkbox"/>	Any conditions which affect certain organs such as heart disease, asthma and strokes	<input type="checkbox"/>	Has or have had cancer
<input type="checkbox"/>	Learning disabilities	<input type="checkbox"/>	Multiple Sclerosis
<input type="checkbox"/>	Learning difficulties such as dyslexia and dyspraxia	<input type="checkbox"/>	Any other condition
<input type="checkbox"/>	Autistic spectrum disorders	<input type="checkbox"/>	None of these conditions

If you have indicated a medical condition above, please provide further information in the box below.

I wish my son/daughter to be considered for The Duke of Edinburgh's Gold Award. I confirm that he/she will:

- Undertake between 6 and 18 months of Skill development, Physical activity and Volunteering
- Attend the one-day Expedition training session, the five-day Practice Expedition, and the five-day Assessed Expedition
- Independently organise the Residential part of the course, understanding the requirements set out by DofE
- I understand that if my son/daughter does not complete the above activities then they may be asked to leave the Award
- I understand that if my son/daughter's attitude and behaviour falls below that which is acceptable, then they may be asked to leave the Award
- I understand once my child has been accepted, any monies paid are non-refundable

Please tick below if:

My child receives Free School Meals  I would like to be considered for financial assistance

Signed (parent/carer): \_\_\_\_\_

Date: \_\_\_\_\_

**Reply Slip**

**The Duke of Edinburgh's Gold Award**

**Information Evening**

**7pm – Thursday 13 September 2018**

Student Name: \_\_\_\_\_

Form: \_\_\_\_\_

- I **will** be able to attend the information evening on Thursday 13 September at 7pm
- I **will not** be able to attend the information evening but **would like more information**

Signed (Parent/Carer): \_\_\_\_\_

Date: \_\_\_\_\_

**Please return to Mr Morris in the Mathematics Department  
by Wednesday 12 September 2018**



## Suggested Activities Sheet

When completing each section of your DofE, you should develop a programme, which is specific and relevant to you. This sheet gives you a list of ideas that you could do to help you create a programme of your own.

### Volunteering section

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

#### Helping people

Helping children  
Helping older people  
Helping people in need  
Helping people with special needs  
Youth work

#### Community action & raising awareness

Campaigning  
Cyber safety  
Council representation  
Drug & alcohol education  
Home accident prevention  
Peer education  
Personal safety  
Promotion & PR  
Road safety

#### Working with the environment or animals

Animal welfare  
Environment  
Rural conservation  
Preserving waterways  
Working at an animal rescue centre  
Litter picking  
Urban conservation  
Beach and coastline conservation  
Zoo/farm/nature reserve work

#### Helping a charity or community organisation

Administration  
Being a charity intern  
Being a volunteer lifeguard  
Event management  
Fundraising  
Mountain rescue  
Religious education  
Serving a faith community  
Supporting a charity  
Working in a charity shop  
Coaching, teaching and leadership

Dance leadership  
DofE Leadership  
Group leadership  
Leading a voluntary organisation group:  
- Girls' Venture Corps  
- Sea Cadets  
- Air Cadets  
- Jewish Lads' and Girls' Brigade  
- St John Ambulance  
- Scout Association  
- Air Training Corps - Army Cadet Force  
- Boys' Brigade  
- CCF  
- Church Lads' & Girls' Brigade  
- Girlguiding UK- Girls' Brigade  
Sports leadership  
Music tuition

### Physical section

Doing physical activity is fun and improves your health and physical fitness.

There's an activity to suit everyone so choose something you are interested in.

#### Individual sports

Archery  
Athletics (any field or track event)  
Biathlon/Triathlon/Pentathlon  
Bowling  
Boxing  
Croquet  
Cross country running  
Cycling  
Fencing  
Golf  
Horse riding  
Modern pentathlon  
Orienteering  
Pétanque  
Roller blading  
Running  
Static trapeze  
Wrestling

#### Water sports

Canoeing  
Diving  
Dragon Boat Racing  
Free-diving  
Kneeboarding  
Rowing & sculling  
Sailing

Skurfing  
Sub aqua (SCUBA diving & snorkelling)  
Surfing/body boarding  
Swimming  
Synchronised swimming  
Windsurfing

#### Dance

Ballet  
Ballroom dancing  
Belly dancing  
Bhangra dancing  
Cercoc  
Contra dance  
Country & Western  
Flamenco  
Folk dancing  
Jazz  
Line dancing  
Morris dancing  
Salsa (or other Latin styles) dancing  
Scottish/Welsh/Irish dancing  
Street dancing/breakdancing/hip hop  
Swing  
Tap dancing

#### Racquet sports

Badminton  
Matkot  
Racketlon  
Rapid ball  
Real tennis  
Squash  
Table tennis  
Tennis

#### Fitness

Aerobics  
Cheerleading  
Fitness classes  
Gym work  
Gymnastics  
Medau movement  
Physical achievement  
Pilates  
Running/jogging  
Trampoline  
Walking  
Weightlifting  
Yoga

#### Extreme sports

Caving & potholing  
Climbing  
Free running (parkour)  
Ice skating  
Mountain biking  
Mountain unicycling  
Parachuting  
Skateboarding  
Skydiving

Snow sports (skiing, snowboarding)  
Snowkiting  
Speed skating  
Street luge

#### Martial arts

Aikido  
Capoeira  
Ju Jitsu  
Judo  
Karate  
Self-defence  
Sumo  
Tae Kwon Do  
Tai Chi

#### Team sports

American football  
Baseball  
Basketball  
Boccia  
Camogie  
Cricket  
Curling  
Dodge disc  
Dodgeball  
Fives  
Football  
Hockey  
Hurling  
Kabaddi  
Korfball  
Lacrosse  
Netball  
Octopushing  
Polo  
Rogaining  
Rounders  
Rugby  
Sledge hockey  
Stoolball  
Tchoukball  
Ultimate flying disc  
Underwater rugby  
Volleyball  
Water polo

### Skills section

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

#### Performance arts

Ballet appreciation  
Ceremonial drill  
Circus skills  
Conjuring & magic

Dance appreciation  
Majorettes  
Puppetry  
Singing  
Speech & drama  
Theatre appreciation  
Ventriloquism  
Yoyo extreme  
**Science & technology**  
Aerodynamics  
Anatomy  
Astronomy  
Biology  
Botany  
Chemistry  
Ecology  
Electronics  
Engineering  
Entomology  
IT  
Marine biology  
Oceanography  
Paleontology  
Physics  
Rocket making  
Taxonomy  
Weather/meteorology  
Website design  
Zoology  
**Care of animals**  
Agriculture (keeping livestock)  
Aquarium keeping  
Beekeeping  
Caring for reptiles  
Dog training & handling  
Horse/donkey/llama/alpac a handling & care  
Keeping of pets  
Looking after birds (i.e. budgies & canaries)  
Pigeon breeding & racing  
**Music**  
Church bell ringing  
Composing  
DJing  
Evaluating music & musical performances  
Improvising melodies  
Listening to, analysing & describing music  
Music appreciation  
Playing a musical instrument  
Playing in a band  
Reading & notating music  
Understanding music in relation to history & culture  
**Natural world**  
Agriculture  
Conservation  
Forestry  
Gardening  
Groundsmanship  
Growing carnivorous plants  
Plant growing  
Snail farming  
Vegetable growing  
**Games & sports**  
Cards (i.e. bridge)  
Chess  
Clay target shooting  
Cycle maintenance  
Darts  
Dominoes  
Fishing/fly fishing  
Flying  
Gliding  
Go-karting  
Historical period re-enacting

Kite construction & flying  
Mah Jongg  
Marksmanship  
Model construction & racing  
Motor sports  
Power boating  
Snooker, pool & billiards  
Sports appreciation  
Sports leadership  
Sports officiating  
Table games  
War games  
**Life skills**  
Alternative therapies  
Cookery  
Democracy in action  
Digital lifestyle  
Driving: car maintenance/car road skills  
Driving: motorcycle maintenance/road skills  
Event planning  
First Aid – St John/St Andrew/BRCS  
Hair & beauty  
Learning about the emergency services  
Learning about the RNLI (Lifeboats)  
Library & information skills  
Life skills  
Massage  
Money management  
Navigation  
Public speaking and debating  
Skills for employment  
Young Enterprise  
**Learning & collecting**  
Aeronautics  
Aircraft recognition  
Anthropology  
Archaeology  
Astronautics  
Astronomy  
Bird watching  
Coastal navigation  
Coins  
Collections, studies & surveys  
Comics  
Contemporary legends  
Costume study  
Criminology  
Dowsing & divining  
Fashion  
Forces insignia  
Gemstones  
Genealogy  
Heraldry  
History of art  
Language skills  
Military history  
Movie posters  
Postcards  
Reading  
Religious studies  
Ship recognition  
Stamp collecting  
**Media & communication**  
Amateur radio  
Communicating with people who are visually impaired  
Communicating with people who have a hearing impediment  
Film & video making  
Journalism  
Newsletter & magazine production

Signalling  
Writing  
**Creative arts**  
Basket making  
Boat work  
Brass rubbing  
Building catapults & trebuchets  
Cake decoration  
Camping  
gear making  
Candle-making  
Canoe building  
Canvas work construction  
Ceramics  
Clay modelling  
Crocheting  
Cross stitch  
DIY  
Dough craft  
Drawing  
Dressmaking  
Egg decorating  
Embroidery  
Enamelling  
Fabric printing  
Feng Shui  
Floral decoration  
French polishing  
Furniture restoration  
Glass blowing  
Glass painting  
Interior design  
Jewellery making  
Knitting  
Lace making  
Leatherwork  
Lettering & calligraphy  
Macramé  
Marquetry  
Model construction  
Mosaic  
Painting & design  
Patchwork  
Photography  
Pottery  
Quilting  
Rope work  
Rug making  
Snack pipping  
Soft toy making  
Tatting  
Taxidermy  
Textiles  
Weaving and spinning  
Wine/beer making  
Woodwork



