

Elite Football Academy

with A Levels and BTEC pathways



COX GREEN
SPORTS ACADEMY



THE ACADEMY

Cox Green Sports Academy offers young people with a passion for SPORT, pathways into the professional sport industry or further education. We are committed to creating a vibrant learning environment to allow student athletes to be successful both on and off the pitch.

Cox Green Sports Academy offers post 16 Education whilst developing aspiring student athletes through elite football & coaching programmes. Our partnership with Cox Green School whose motto is 'Committed to achievement' provides both A Level and BTEC pathways.



Ashley Smith - ACADEMY DIRECTOR

At Cox Green Sports Academy we focus on the student athlete's goals and highlight achievable pathways for the individual through our partnerships, network and the Sports Academy staff's extensive industry experience.

The Football

Our unique football coaching methods will match those of a pro club by offering extensive development in technical, physical and game understanding on a daily basis in squad sessions, Futsal, specific football performance sessions, GK specific training, Fitness testing and individual 1:1 sessions.

To aid the learning experience we use video match analysis and tactical analysis sessions. Group & individual gym-based strength and conditioning monitoring from specialised staff.

With three squads competing weekly in the Allied County Youth League, Tactic League, fixtures against pro clubs and entry in the FA Youth Cup & English Schools FA Elite Cup, there is also a brand new Pre Academy for U15/U16 to begin their journey at Cox Green Sports Academy.



Players that demonstrate a high level of performance consistently will be able to progress to our partner club Windsor FC to experience senior football.

Cox Green Sports Academy offers an excellent platform for players wanting to achieve their dream.



Hugo Sobte - Nike Academy Most Wanted Global Finalist

THE EDUCATION

BTEC SPORT

The Sports Academy offers the opportunity to study BTEC Sport solely or alongside A Level(s). The BTEC Sport specification and units studied is below:

Diploma in Sport (720 GLH)
Equivalent in size to 2 A-levels
Applied General**
TOTAL: 9 UNITS
6 MANDATORY UNITS
1. Anatomy and Physiology (120 GLH)
2. Fitness Training and Programming for Health, Sport and Well-being (120 GLH)
3. Professional Development in the Sports Industry (60 GLH)
4. Sports Leadership (60 GLH)
22. Investigating Business in Sport and Active Leisure (90 GLH)
23. Acquiring Skill in Sport (90 GLH)
3 OPTIONAL UNITS

Extended Diploma in Sport (1080 GLH)
Equivalent in size to 3 A-levels
Applied General**
TOTAL: 14 UNITS
10 MANDATORY UNITS
1. Anatomy and Physiology (120 GLH) ✕
2. Fitness Training and Programming for Health, Sport and Well-being (120 GLH) ✕
3. Professional Development in the Sports Industry (60 GLH) E
4. Sports Leadership (60 GLH) ✕ E
7. Practical Sports Performance (60 GLH)
8. Coaching for Performance (60 GLH)
9. Research methods in sport (60 GLH)
19. Development and Provision of Sport and Physical Activity (120)
22. Investigating Business in Sport and Active Leisure (90 GLH)
23. Acquiring Skill in Sport (90 GLH)
4 OPTIONAL UNITS

A Level

Sports Academy students can access the full suite of A Level courses on offer at Cox Green (subject to entry requirements and timetabling).

Art	Government & Politics	Religious Studies
Biology	History	Spanish
Business Studies	Maths & Further Maths	Theatre Studies
Computer Science	Media	Product Design
Chemistry	Music	Psychology
Digital Photography	PE	French
English Literature	Physics	Geography

GCSE Retakes

We offer retakes in both English and Maths within the students timetable

PATHWAYS

UK Universities, US Scholarships,
Sport Development & Coaching Employment

SAMPLE TIMETABLE FOR BTEC SPORT L3 EXTENDED DIPLOMA STUDENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8.40-8.45am					
Period 1	BTEC SPORT	BTEC SPORT	BTEC SPORT	BTEC SPORT	FITNESS CONDITIONING (Gym)
Period 2	BTEC SPORT	BTEC SPORT	BTEC SPORT	BTEC SPORT	BTEC SPORT
Break					
Period 3	BTEC SPORT	BTEC SPORT	BTEC SPORT	BTEC SPORT	BTEC SPORT
Break					
Period 4	FOOTBALL TRAINING	FOOTBALL TRAINING	FIXTURE	RECOVERY OR FITNESS CONDITIONING	FOOTBALL TRAINING
Period 5 13.55-14.55	FOOTBALL TRAINING	FOOTBALL TRAINING	FIXTURE	FUTSAL	FOOTBALL TRAINING
Registration 14.55-15.15					

The Academy

The Benefits

- Full Time Sport & Education Course
- Access to Professional Teachers, Coaches & Practitioners
- Pathways to UK University, International Scholarships & Sport Employment
- Free Gym membership
- Weekly competitive fixtures
- Individual Training Plan
- Academic and Practical Appraisal and Parent/Guardian Consultation
- Sport Industry study visits
- International tour/tournaments
- Guest Speakers

The Facilities

At Cox Green Academy of Sport the facilities are of an elite level allowing student athletes to further their development in a comfortable learning environment.

- Full Size 3G Astro
- 9v9 3G Astro
- 42 Stations Fitness Suite
- Futsal Sports Hall
- Studio
- Hydrotherapy Pool
- Climbing Wall
- Dome Covered Tennis Courts
- State of the Art Classrooms
- Café Restaurant
- Relaxation/Self Study Areas

EVENTS FOR SEPTEMBER 2017 INTAKE

Open Trials will take place on:

- Monday 19th December 10am-3pm
- Friday 17th February 10am-3pm
- Friday 7th April 10am-3pm
- Thursday 13th April 10am-3pm
- Friday 2nd June 10am-3pm

To book email sportsacademy@coxgreen.com or visit www.sport.coxgreen.com



JOE COLE Former Engand, Chelsea, Liverpool and West Ham midfielder

'Since working with Andy Driscoll (Cox Green Head of Football Performance), I've learnt how to manage and periodise my training in the optimum way to allow me to stay fit and get stronger and fitter through football movements. I wish I startd the regime 5 years ago.'

GARY WADDOCK, Aldershot Manager, former Wycombe Wanderers, QPR and Oxford Utd and Republic of Ireland International

'I have had the privilege to lead sessions at the Cox Green Sports Academy and was impressed with the standard of footballer that the Academy attracts. The facilities are first class and create a strong footballing learning environment.'

STUART ENGLISH – Birmingham City Assistant Academy Manager

'Ashley and his team are committed to developing young players in a elite environment offering a stage to achieve their footballing and career goals.'

SEAN KELLEHER iPro Football Founder

'We are delighted to have an ongoing working relationship with Cox Green Sports Academy and be in a position to offer coaching experience to the Cox Green Scholars. Part time roles can work alongside their playing & education at the academy and even the possibility of full time employment once they have finished their full time football & education scholarship.'

TED MUNSON Science in Sport Nutritionist

'The work that Ashley and his team put in goes beyond what happens on the pitch. I have had the pleasure to work with the talented, young athletes on developing their own nutrition practices. This allows them to experience the roles and responsibilities of football support personnel'



APPLY NOW



First Name

Surname

DOB

Email

Mobile

Home Tel

Address

Postcode

Parent/Guardians Name

Parent/Guardians Mobile

School/College Attending: Predicted Grades/Mock Results

Areas of Interest

BTEC Sport

A Level(s)

Please state



COX
GREEN
SCHOOL

discountfootballkits.com
the UK's leading teamwear specialist



Thames Motor Group
www.thamesmotorgroup.co.uk



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